

# HEALTH CARE RESIDENCE (R.S.A.) E RETIREMENT HOME FOR THE ELDERLY



## THE RESIDENCE

The Magnolia Residence is an RSA authorised and accredited with D.C.A. n°U00002 of 8/01/2016 for 40 beds in High Maintenance and 12 beds in Low Maintenance. The Magnolia Residence is also licensed as a private rest home with 15 beds.

**Residenza Magnolia** is located in Via Monteprandone, 65, in the 8th Municipality of Rome, in the area of Giardini di Corcolle, a residential district in the east of Rome, surrounded by the Roman countryside and overlooking the hills of Tivoli and neighbouring towns.

The Magnolia Residence is easily accessible by car and public transport (no. 508). From the "Ponte Mammolo" underground station and from the neighbourhood it is possible to reach the neighbouring towns by suburban transport.

**Residenza Magnolia** is located in a residential area close to the town centre; all external services are within walking distance: post office, bank, pharmacy, church and supermarket.

The Magnolia Residence offers qualified social and care assistance 24 hours a day and pays particular attention to the psychological and physical wellbeing of its guests in order to provide them with a welcoming and stimulating living environment.

Not only professionalism in care but also playful moments, motor and recreational activities, specific projects to stimulate the elderly.

The characteristics of the services provided at the Residential Nursing Home (RSA) and the Rest Home (CdR), which comply with specific regulatory references, are described in the Charter of Elderly People's Rights, in the Service Charter and in the Internal Regulations which define the rules of community life.

**Residence Magnolia** follows a strict Quality System certified by TUV according to ISO 9001/2015. The **Magnolia Residence has been** awarded by the 2019 Fondazione Onda and, to date, has obtained the highest recognition with **three pink-silver stamps**, being one of the facilities for the elderly most attentive to the humanisation of "woman-friendly" care.

We put our experience and professionalism at the service of the elderly.

#### **OUR PROJECT**



At the Magnolia Residence we offer:

- Hospitality in an accredited or private system for the elderly in a psycho-physical condition of partial or total non-self-sufficiency;
- Hospitality for the elderly.

The Charter of Elderly People's Rights adopted by the **Magnolia Residence** aims to promote the well-being and dignity of elderly people, especially those who are not self-sufficient. The **Magnolia Residence**, managed by Lusan S.r.l., aims to offer a series of integrated services that meet the needs of the elderly population with criteria of excellence.

Lusan S.r.l. started its activity in 1998, its field of operation is the management of Social and Health Care Residences for the purpose of assistance, care and rehabilitation of the elderly. The company is controlled by Final S.p.A. with registered office in Rome, Via del Poggio Laurentino, 2.

The **Magnolia Residence** wishes to offer diversified, flexible and personalised services that allow the elderly to live serenely in a family environment, respecting their personality and humanity, with the possibility of cultivating their interests or receiving stimuli for socialisation and interpersonal relations.

These conditions can be guaranteed by a careful analysis of the individual's health needs and by care support aimed at compensating for the decrease in self-sufficiency, with targeted support proportionate to the needs presented.

The centrality of the person, the careful analysis of health and care needs, the quality of the service, the integration of social and health care interventions are for the **Magnolia Residence** the fundamental elements of a project that aims at the psycho-physical well-being of our guests to make them live in a welcoming and stimulating environment.

The care project aims to be the correct response to the needs of the elderly person when they wish to leave their home, even temporarily.

The project finds its natural place in the new regulatory framework, which sees, as an alternative to the family home, structures capable of offering care, health and social services within a complex network in which interventions can gradually become more complex and diversified.



## **OUR STRUCTURE**

The Magnolia Residence is divided into 4 nuclei:

- 2 units of RSA MANTENIMENTO A for a total of 40 beds;
- 1 nucleus of RSA MANTENIMENTO B, for a total of 12 beds;
- 1 nucleus of a Private Rest Home, for a total of 15 beds.

The Magnolia Residence offers accommodation in single and double rooms with en-suite bathroom, telephone and television.

There are spaces for individual, group and family activities: living rooms, occupation rooms, chapel.

The Magnolia Residence has a large garden for outdoor activities.

In particular, each room has:

- three-level articulated beds with electric controls, mattress and pillows, functional bedside table, writing table, wardrobe, chair or armchair, curtains.
- bathrooms equipped with aids to allow easy use by elderly people and at the same time guarantee high safety margins.

The **Magnolia Residence is equipped with** appropriate signs and indications to allow good orientation and easy access to escape routes in case of danger, there are elements to overcome architectural barriers.





## **OUR OFFER**

## **RETIREMENT HOME**

#### ADMISSION PROCEDURE

Admission to the rest home can be made by contacting the rest home by phone/email or directly. Information/clarifications for the activation of the entry procedure are provided later by designated staff.

Admission to the rest home takes place on an agreed date, following a visit by the assessment team and the signing of the Admission Contract by the guest, or possibly the legal guardian, and a person who acts as the guest's guarantor for all contractual obligations.

For the formalisation of the entry contract the guest concerned/legal guardian must submit the following documents:

- photocopy of identity document,
- tax code,
- health card,
- certificate of self-sufficiency issued by the general practitioner with eligibility to stay in the Rest Home.

At the time of admission, the assessment team opens and fills in a "Rest Home Folder" with the complete documentation of personal, health and family data.

After the first assessment, the guest will undergo a multidimensional evaluation by the care team and will be observed during his or her placement for 15 days, in order to better plan any social/health interventions and to prepare the Individual Care Plan.

Hotel accommodation is based on availability at the Residence at the time the contract is signed and may be subject to change.

#### LA RETTA

The daily fee is determined on the basis of the Residenza Magnolia price list, which is subject to annual review.

The tariffs are diversified according to:

- complexity of care (medium/low or medium/high);
- type of accommodation (single/double room);
- length of stay (long-term residence; Holiday stays; week-and-week formulas).

The following services are included in the fees:

- daily cleaning and hygiene of living areas and furniture by dedicated staff,
- restaurant service with meals according to weekly and seasonal summer/winter menus, breakfast, lunch and dinner with table service by dedicated staff.

Menus may be subject to change in order to adapt to the needs of guests based on religious choices, with a view to ensuring respect for religious worship.

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interventions aimed at general basic assistance such as support and help with personal hygiene, dressing dressing;

-day and night care interventions for activities of daily living according to the IAP; -emergency nursing services;

-group educational activities , group activities in the gym;

-periodic change of bed linen and towels;

-mail pick-up and delivery service;

-concierge service;

-availability of consultation of newspapers and magazines;

-Religious assistance in meeting spiritual needs according to belief (on request);

-psychological and social support (on request).

The following extra services, which can be activated on request, are not included in the fees:

-personal well-being activities (assisted gymnastics, massages);

-pharmaceuticals , sanitary and everyday products and their procurement;

-External transport and ambulance service;

-Hairdressing, barbering, podiatrist services;

-External personal commissions and various office practices;

-laundry for personal clothing;

-activation of in-room telephones for external calls.

The activation of an out-of-hours service is subject to the written request of the guest and/or the guarantor; for all out-of-hours services a price list is available to the guest/family.

The services listed can be carried out in dedicated premises in the facility, exclusively by suppliers linked to **Residenza Magnolia** with specific agreements and established rates.

#### USE OF THE SERVICE

The service to the guest is guaranteed through individualised assistance services on the basis of data collected at the entrance in the facility, where the primary needs, social and life habits are highlighted (Social and Personal Data Form for access to the facility, Individual Assistance Plan - PAI).

On the basis of the information acquired, a provisional plan is drawn up, which is valid for 15 days. During this period, following observations by the staff and a multidimensional assessment with relative risk cards, the definitive IAP is drawn up, which will allow the dedicated staff to provide continuous, quality assistance.

Assistance is provided on the basis of the IAP, which is periodically reviewed, and includes general help/supervision activities for basic activities of daily living;

A socio-medical worker is present on a 24-hour basis for scheduled activities and calls in case of unforeseen events;

Nursing care is provided in emergencies with staff present at the RSA or with specially defined personalised service packages;

Medical care is provided by one's own general practitioner (GP), who must guarantee functional operability in terms of proximity and availability;

Guests have access to health services provided by the SSN in the same way as defined for primary health care, by prescription of the attending physician;



Guests may request, at their own expense, examinations and tests by other doctors of their choice, after notifying the Management;

Physiotherapy services can be requested and specific customised packages will be offered.

#### **RSA**

#### **ADMISSION UNDER ACCREDITATION**

Admission to the RSA takes place only after notification by the competent ASL RM 2, which defines admission times through the management of waiting lists.

Residents of other ASLs who intend to enter the Magnolia Residence must also obtain notification from the ASL RM 2 offices.

Once you have been notified, you can contact the Magnolia Residence to agree on how to get in.

Admission to the RSA takes place with the signing of the Admission Contract by the guest, or possibly the legal guardian, and a person who acts as the guest's guarantor for all contractual obligations.

For the formalisation of the entry contract the guest concerned/legal guardian must submit the following documents:

- identity document,
- tax code,
- health card,
- health booklet,
- ticket exemptions if any,
- any appointment of support administrators/proxies.

#### THE LINE

The **Magnolia Residence is** an RSA Accredited with the Lazio Region, therefore the rates are determined on the basis of what is established by DCA U0099/2012:

| LEVEL OF CARE | TOTAL RATE  | USER CHARGE |
|---------------|-------------|-------------|
| MAINTENANCE A | EURO 118.40 | EURO 59.20  |
| MAINTENANCE B | EURO 98.40  | EURO 49.20  |

The daily per diem to be paid by the user (social quota) can be subject to co-participation by the Municipality of residence. Users with an ISEE income not exceeding 20,000.00 euros are entitled to co-participation from the Municipality in the social expenses for accommodation in RSAs.

The application for cost-sharing must be submitted by the user/guardian to the municipality of residence and the cost-sharing starts from the issue of the cost-sharing certificate to the user and the RSA.

The determination of the co-participation fee is the exclusive competence of the municipality.



The following services are included in the fees:

-daily cleaning and hygiene of living areas and furniture by dedicated staff;

-Restaurant service with meals according to weekly and seasonal summer/winter menus, breakfast, lunch and dinner with table service by dedicated staff;

interventions aimed at general basic care such as support and help with personal hygiene, dressing, and feeding, and nursing, physiotherapy and educational assistance;

-day and night social and health care interventions for all activities of daily living;

-medical assistance from the GP and supervision by the doctor in charge of the RSA;

- -group and individual rehabilitation/educational activities;
- -periodic change of bed linen and towels;
- -mail pick-up and delivery service;
- -concierge service;

-availability of consultation of newspapers and magazines;

-provision of medicines and medical aids (if expressly authorised by the family at the affiliated pharmacy); -Religious assistance in meeting spiritual needs according to belief (on request);

- -Religious assistance in meeting spiritual needs -psychological and social support (on request);
- external transport and ambulance service for various reasons such as medical examinations prescribed by GPs and hospital admissions.

The following extra services, which can be activated on request, are not included in the fees:

- personal wellness activities (assisted gymnastics, massages other than physiotherapy);

-pharmaceuticals , sanitary and everyday products;

-Hairdressing, barbering, podiatrist services;

-External personal commissions and various office practices;

-laundry for personal clothing;

-activation of in-room telephones for external calls.

The activation of an out-of-hours service is subject to the written request of the guest and/or the guarantor; for all out-of-hours services a price list is available to the guest/family.

The services listed can be carried out in dedicated premises in the facility, exclusively by suppliers linked to **Residenza Magnolia** with specific agreements and established rates.

#### USE OF THE SERVICE

- ✓ Nursing care is provided on the basis of an individualised plan;
- ✓ There is a 24-hour nursing presence in the facility;
- ✓ Medical care is provided by one's own general practitioner (GP), who must guarantee functional operability in terms of proximity and availability;
- ✓ The GP declares consent/non-consent to follow the patient at the RSA (on the appropriate ASL form) and from that moment on, if consent is given, he/sheis obliged by law to enter the RSA; if consent is NOT given, the family must change the GP by choosing another doctor from the list of the ASL RM 2 GPs;



- ✓ Residents can access the health services provided by the SSN in the same way as those defined for primary health care, through a prescription issued by their GP;
- ✓ Guests may request, at their own expense, examinations and tests by other doctors of their choice, after notifying the Management;
- ✓ A specialist doctor in charge of the RSA is present in the facility at set times each day, supervising clinicalhealth activities and available to GPs, guests and families for any reports and clarifications;
- ✓ Group and individual physiotherapy/education services are provided according to specific assessments.

### EMERGENCY SERVICES IN RSA AND COR

In case of urgency or emergency, the nursing staff on duty will assess the need to call the 118/medical service.

#### **RESIGNATION OF THE GUEST**

The stay at the la Residenzacan be permanent or temporary, the guest is discharged whenever he/she wishes (upon written request and according to the rules of the entrance contract), he/she can request readmission at a scheduled date according to the availability of places and in agreement with the Management. It is possible to ask for long leaves, in this case the room will be kept with payment of the fee according to the contract. Discharge can take place at the request of the guest/family, on the decision of the GP or following a failure to extend the time limit by the ASL RM 2 (the ASL carries out periodic extensions).

Discharge can take place in the following ways:

- in the event of the guest's/family's/MGM's choice, with written notification by the guest or guarantor 30 days prior to the date chosen for leaving the Residence;
- at the time of discharge to return home or transfer to another facility, special documentation is handed over for the transfer of useful information for continuity of care.

#### **TRANSFERRING THE GUEST**

The transfer of the resident is made at the request of the GP/Medical Officer in charge of the RSA, for medical examinations or hospitalisation.

In the event of an emergency, a call is made to 118.

#### LENGTH OF RETENTION PERIOD IN CASE OF PROLONGED ABSENCE

#### **Rest Home**

It is possible to keep the vacancy in the Rest Home in case of prolonged absence for different reasons under the conditions that are indicated in the relevant contracts.

#### RSA

Absences of RSA guests are authorised by the ASL of reference and the doctor in charge up to a maximum of 10 consecutive days, with the retention of the bed.



## A 'TYPICAL' DAY AT THE MAGNOLIA RESIDENCE

At the **Magnolia Residence**, the guest's day is engaged in a series of activities that take place daily: they start with breakfast in the morning, which is served in the dining room. After breakfast, the guests, according to the specific IEPs, leave their rooms and are engaged in occupational and/or rehabilitative activities in specially designated areas and under the supervision of qualified staff.

In the early part of the afternoon, guests who wish to do so can retire to their rooms for an afternoon rest; the others can stay in the living rooms of their respective units or in the common rooms to watch television, read a book or a newspaper and engage in other activities.

In the middle of the afternoon, everyone gathers together again for tea and a snack. The afternoon continues with animation activities, cinema etc. until the time when we meet again in the dining room for dinner.

Afterwards, if the guest chooses, it is possible to get ready for bed or stay up for the night in the living rooms or common rooms or in their own rooms.

The overall objective of the organisation of the day and of the activity projects is to guarantee the stimulation of residual potential, maintaining the normal rhythms of daily life, with particular attention to ensuring that guests are supported in their personal care and clothing, do not remain in their rooms for the whole day, and can use all the spaces in the residence dedicated to common activities.

All meals are taken in the dining rooms of each household and can only be taken in the room for justified care needs.

The opening hours of the catering service are in fixed time slots:

- 08.00/09.30 Breakfast with table service,
- 12.00/13.30 lunch with table service,
- 16.00/16.30 snack as a common activity,
- 18.30/19.30 dinner with table service,

Access to the dining rooms is only permitted during the indicated hours and for the consumption of meals only. Guests may leave and re-enter the **Magnolia Residence**, according to different procedures for Rest Home and RSA, whenever they wish in compliance with the time slot between 8 a.m. and 10 p.m. or at different times with specific authorisation.

Visits by family members/friends are possible from 9 a.m. to 8 p.m. and at other times upon specific authorisation, subject to the need to ensure that the life and privacy of the residents are protected and respected. A person wishing to visit a guest must be authorised to enter by the guest/guarantor or his/her legal guardian/support administrator.

#### ANCILLARY SERVICES PROVIDED

#### HAIRDRESSING SERVICE

Basic services are provided for men and women. The cost of the service is not included in the daily fee and is therefore borne by the guests. Reservation is necessary.

#### **PODIATRIST SERVICE**



Basic services are provided on an as-needed basis. The cost of the service is not included in the daily fee and is therefore borne by the guests. Reservation is necessary.

#### SPIRITUAL SERVICE

The free expression of all religious beliefs is guaranteed. For guests of the Catholic faith, a priest is responsible for celebrating Holy Mass once a week, administering the Eucharist to guests who cannot attend Holy Mass, hearing confessions and administering the sacrament of the sick. There is a chapel inside the **Magnolia Residence for** meditation, with free access on the ground floor of the facility.

#### PHONE

Each bed has a telephone set that guests can use to receive telephone calls.

#### **TELEVISION**

Each multipurpose room/sitting room is equipped with a TV set for individual and collective viewing. A TV is provided in the room, which in single rooms can be replaced with a personal TV on request.

#### FREE WI-FI AND INTERNET POINT

The Magnolia Residence is equipped with Wi-Fi and an Internet Point with free access.



## **IMPORTANT INFORMATION FOR GUESTS**

#### WHAT TO BRING WITH YOU TO THE RESIDENCE

When entering, remember to bring with you:

- personal hygiene items (toothpaste, toothbrush, spare underwear, slippers, tracksuit, comfortable clothing, etc.);
- identification document, tax code and health card;
- any previous clinical documentation (reports, various examinations);

#### WHAT NOT TO BRING WITH YOU TO THE RESIDENCE

It is forbidden to bring in alcoholic beverages, unauthorised foodstuffs and, above all, medicines of any kind without first declaring them to the medical staff.

It is also forbidden to bring electrical appliances such as televisions or hairdryers without authorisation.

It is forbidden to bring improper and own weapons, blunt or inflammable objects and in any case dangerous to oneself and others into the facility.

It is absolutely forbidden to keep medicines or foodstuffs of any kind in the room, unless authorised in advance and declared for registration on entry. In all cases, the packaging must be intact and not perishable.

It is also advisable not to bring any valuables or money, otherwise these should be declared to the Management for appropriate storage in a controlled environment.

**Residenza Magnolia** is not liable in the event of loss/suspected theft for materials not expressly handed over for safekeeping.

#### **CLEANLINESS AND ORDER**

The cleaning of wardrobes, beds and bedside tables is carried out by dedicated staff. Guests are requested to keep their wardrobes and their rooms tidy. In order to avoid clutter and to facilitate cleaning, please do not leave items outside of your personal cupboards.

#### SILENCE AND TRANQUILLITY

In order not to disturb other guests, please avoid noise as much as possible and keep radio or TV sets at low volume and use devices if necessary (headphones/earphones/other electronic devices).

#### SMOKE

Smoking is absolutely forbidden inside the **Magnolia Residence**, both for legal reasons and out of respect for one's own health and that of the other guests.



## **REPORTING AND COMPLAINTS SERVICE**

In order to ensure that guests are protected from possible inefficiencies, a special Complaints Form is available at the Reception desk for use by guests and their families.

The Management will endeavour to resolve the problems reported as soon as possible and to provide adequate answers as soon as possible or in any case within the time limits laid down by the relevant provisions in force. The identity of the proposer is kept strictly confidential.

A complaint is any expression of dissatisfaction requiring a response.

The Structure guarantees the possibility of expressing observations or submitting complaints following the discovery of possible inefficiencies, behaviour or acts that have denied or limited, in the user's opinion, the possibility of using the services requested.

## **COMPLIANCE WITH SAFETY STANDARDS**

#### **EMERGENCY PREVENTION**

All current prevention and safety regulations are fully observed within the Magnolia Residence and in its external activities, both by guests and service staff, professionals and third parties who visit the facility for any reason.

The safety protocols shall be brought to the attention of all emergency workers and all service personnel and, as regards the behaviour to be adopted in the event of an emergency, also of any third parties who may be present in the Facility.

#### **INSURANCE COVER**

The Magnolia Residence has appropriate insurance cover, as well as for the professionals working there.

## THE GUARANTEE OF PRIVACY

**Residenza Magnolia** guarantees the full application of the current legislation on Privacy:

Absolute attention is paid to the protection of personal data relating to anyone who comes into legal contact with the Company itself: guests/family members/employees/collaborators/suppliers/visitors/etc.

The characteristics of the Rest Home (CdR) and Sanitary Assistance Residence (RSA) services, in compliance with the specific normative references, are described in the Charter of Elderly People's Rights, in the Services Charter and in the Internal Regulations that define the rules of community life.

These documents are part of a system of specific procedures certified in quality according to ISO 9001/2015 by TUV, can be consulted at the Magnolia Residence and are given to each guest upon entry.



## MAGNOLIA RESIDENCE: OUR CONTACTS

Corporate Management

Mariagrazia Montalbano

Administrative Directorate

Elisabetta Pavani

Doctor in charge RSA

Dr Anjeza Zorba

Facility Contacts

Magnolia old people's home

Via Monteprandone, 65, 00132 - Rome (RM)Switchboard:0622403207Fax:062203892Email:magnolia.info@lusan.it

Corporate website www.lusan.it

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## **OUR ENVIRONMENTS**

#### Entrance



Canteen



**Double room** 

Single room



Gymnasium





Indoor chapel





## **PROFESSIONALISM & HOSPITALITY** *Our mission*



Lusan S.r.1. Sede legale: Via del Poggio Laurentino, 200144 Roma Tel. 06/54 22.881 Fax: 06/54 22.05.55 E-mail lusan@lusan.it Reg. Impr., Cod. Fiscale e P. IVA 05888541009, REA N°937065/2000, Capitale Sociale € 1.550.000,00 i.v. "Società sottoposta all'altrui attività' di direzione e coordinamento ai sensi dell'art.2497 bis c.c."

